

ENJOY YOUR FAVORITE FRIED AND BREADED FOODS AGAIN - GLUTEN FREE!

DEEPLY SEASONED FLOUR FOR FRYING AND BAKING

Better Batter Seasoned Flour is as simple to use for frying and baking as traditional flour! We blend more than ten herbs and spices to give your gluten free fried and breaded foods the greatest flavor.

Be sure to visit betterbatter.org to see our full line of gluten free products.

With Better Batter products, you can live without and not be missing out.



Nutrition Facts

Serving Size 2 Tbsp. (28g)
Servings Per Container 20

Amount Per Serving

Calories 90 Calories from Fat 5

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0g **0%**

Sodium 750mg **31%**

Total Carbohydrate 20g **7%**

Dietary Fiber 1g **4%**

Sugars 0g **0%**

Protein 1g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2%

Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: BETTER BATTER GLUTEN FREE FLOUR (WHITE AND BROWN RICE FLOURS, TAPIOCA STARCH, POTATO STARCH, POTATO FLOUR, XANTHAN GUM, PECTIN [LEMON DERIVATIVE]), SALT, SPICES

COUNTRY OF ORIGIN: UNITED STATES

ACCEPTED FOR: VEGETARIAN/
VEGAN, OU KOSHER, FEINGOLD II



JOIN OUR COMMUNITY
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RECIPE DATABASE AT
BETTERBATTER.ORG